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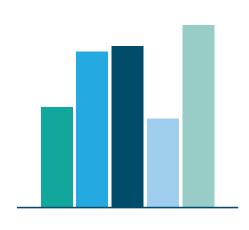
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FINANCIAL SUMMARY

LETTER FROM THE CHAIR

In 2013, the Health Fund existed only on paper—more of a promise than an actual organization. Five years later, we're among the top funders in Michigan. With a committed board of directors, a hardworking staff, and \$35 million in annual grantmaking across the state, we're driving every day toward a healthier Michigan.

So what does five years of the Health Fund add up to? For starters, more than a hundred million dollars for Michigan health nonprofits: Total funding to date: \$128,467,894.

PROGRAM BREAKDOWN (2016-CURRENT)



- Nutrition & Healthy Lifestyles: \$11,357,262
- Behavioral Health: \$17,598,930
- Healthy Aging: \$18,250,559
- Community Health Impact: \$10,031,463
- Special Projects & Emerging Ideas: \$20,592,458

Of course, the numbers never tell the whole story. As our funding has grown, so too have our efforts to support nonprofits and spur positive change across Michigan. We've convened grantees to share with and learn from one another; we've traveled around the state to hear from communities about their needs; we've told stories about our partners' incredible work.

Five years in, we decided it was time to take stock of what we've accomplished and, more importantly, how we can improve. To understand our impact, we must reflect on two related, but distinct questions: are we making effective grants, and are we an effective grantmaker?

The first question is about understanding the individual and cumulative impact of our investments: is the work we're supporting having the intended effect? Is it improving the health of Michigan residents? Is it leading

to long-term change? What are we, and our partners, learning that can help guide future work?

These are complex questions, for our grant partners and for us. That's why we hired our first dedicated evaluation officer in 2018. This position is meant to evaluate the collective impact of our grants, and to help partners develop their organizations' capacity for evaluation. With a dedicated evaluation staff, we'll not only have better answers but we'll be asking smarter questions. Our programs, stories, and impact will be richer and tied to meaningful real-world results.

The second question is more introspective. It requires us to thoughtfully examine our role as funders, examine our assumptions about how we should work, and be open to others' perspectives on how we can help. To that end, we contracted with the Center for Effective Philanthropy to survey our grant partners, analyze the results, and establish some benchmarks from which we can grow. (Want to skip to the results and see how we're evolving based on feedback? Skip to page 24!)

I'm immensely proud of the progress the Health Fund has made in its first five years of existence. It's hard to build an organization from scratch, but it's incredible to see it happen in real time. Here's to many more years of impact, learning, and working toward a healthier Michigan.

TIM DAMSCHRODER

BOARD CHAIR

2018 GRANTMAKING

BEHAVIORAL HEALTH

BEAUMONT HEALTH FOUNDATION \$493,325

COMPREHENSIVE, INTERPROFESSIONAL SUBSTANCE USE DISORDER TREATMENT INITIATIVE IN A FAMILY MEDICINE RESIDENCY PROGRAM

To implement an integrated substance use disorder treatment program within a Family Medicine Center while training physician, pharmacist, and psychology students and residents.

COMMUNITY FOUNDATION OF SOUTHEAST MICHIGAN \$200,000

INCREASING ACCESS TO MEDICATION ASSISTED TREATMENT IN EMERGENCY DEPARTMENTS (MULTI-FUNDER COLLABORATIVE)

To increase integration of medication assisted treatment for opioid use disorders within emergency departments, through a funding collaborative comprising several philanthropic organizations with a shared commitment to addressing the opioid crisis.

GREAT LAKES RECOVERY CENTERS, INC. \$167,431

INTEGRATED MENTAL HEALTH AND SUBSTANCE USE DISORDER RESIDENTIAL SERVICES FOR ADOLESCENTS IN THE UPPER PENINSULA

To integrate psychiatric care into an existing residential facility for adolescents with substance use disorders.

GREATER FLINT HEALTH COALITION \$499,950

GENESEE COUNTY COMMUNITY-WIDE STRATEGY TO ADDRESS THE OPIOID EPIDEMIC

To engage children, seniors, and the community's residents most impacted by the opioid crisis through a multi-sector effort to build and strengthen workforce capacity, use upstream prevention strategies, and coordinate care, services, and community resources to improve the treatment for and prevention of opioid misuse.

THE JUDSON CENTER \$500,000

PROJECT TO INTEGRATE PRIMARY CARE INTO AN EXISTING BEHAVIORAL HEALTH CARE CENTER USING A PATIENT CENTERED MEDICAL HOME MODEL

To integrate primary care into the Judson Center's existing behavioral health services, using a Patient-Centered Medical Home model and Integrated Dual Disorder Treatment for individuals with co-morbid substance abuse and mental health issues.

MICHIGAN CENTER FOR CLINICAL SYSTEMS IMPROVEMENT \$229.119

PAIN MANAGEMENT TRAINING, ADVANCED TRAINING FOR PRIMARY CARE TEAMS IN SBIRT AND COLLABORATIVE CARE

To improve care for patients with chronic pain through a community collaborative that trains, mentors, and coaches staff at select practice sites to apply the evidence-based care models of Substance-use Screening, Brief Intervention, Referral and Treatment (SBIRT), and the Collaborative Care Model.

MUNSON HEALTHCARE FOUNDATIONS \$499,809

ADVERSE CHILDHOOD EXPERIENCES AND RESILIENCY SERVICES

To increase identification of adverse childhood experiences and increase resilience within the community through services like therapy, coordination with primary care, and resilience screening to children, caregivers, and older adults within an integrated physical, mental health, and substance use treatment model.

REGENTS OF THE UNIVERSITY OF MICHIGAN \$250,000

TRAILS DEVELOPMENT OF GENERAL EDUCATION RESOURCES AND DETROIT PUBLIC SCHOOLS PLANNING

To conduct a needs assessment and collaborative planning for providing evidence-based mental health services to all K-12 students in Detroit Public Schools.

REGENTS OF THE UNIVERSITY OF MICHIGAN \$326,887

MICHIGAN MEDICINE/EMU INTEGRATED PEDIATRIC BEHAVIORAL HEALTH TRAINING COLLABORATIVE

To establish a training collaborative that provides specialty training in integrated behavioral health for doctoral and postdoctoral trainees in psychology.

SAGINAW VALLEY STATE UNIVERSITY \$352,574

THE GRACE PROJECT: GAINING RECOVERY IN ADDICTION FOR COMMUNITY ELDERS

To expand access to evidence-based treatment for substance use disorders for older adults, particularly the use of medication assisted treatment and recovery support services, through teaching strategies like virtual simulations and clinical immersion experiences for nurse practitioner, social work, occupational therapy, and pharmacy students.



BEHAVIORAL HEALTH

SCHOOLCRAFT MEMORIAL HOSPITAL \$202,900

TRAUMA INFORMED SUBSTANCE ABUSE & TREATMENT SERVICES PROGRAM

To integrate substance abuse, mental health, and trauma treatment options within primary care for children, adolescents, and seniors at a critical access facility within a rural underserved community.

STARFISH FAMILY SERVICES \$499,882

ONE LOCATION, ONE VISIT: PEDIATRIC INTEGRATED HEALTH CARE IN WAYNE COUNTY: A VALUE PROPOSITION FOR SUSTAINABILITY

To transform two Southeast Michigan clinics into fully integrated practices using Pediatric Integrated Health Care and develop the business case for others wishing to implement pediatric integrated care.

STARR COMMONWEALTH \$466,510

BATTLE CREEK RESILIENT SCHOOLS PROJECT

To address severe behavioral health crises, significant trauma, and toxic stress among students in Battle Creek Schools, through a system response that promotes resiliency and shapes a trauma-informed district.

WAYNE STATE UNIVERSITY \$441,686

TEAM-BASED TELEMEDICINE

To partner with a federally qualified health center to implement Team-Based Telemedicine, integrating and improving care for older adults with behavioral health problems by delivering care in the home, addressing policy barriers to payment for in-home telehealth, and develop a training module for midlevel clinicians.



PARTNER SPOTLIGHT: TRAILS TO WELLNESS

On a typical day, a high school guidance counselor might help a student with college applications, offer advice for dealing with friendship or relationship difficulties, or address classroom bullying. But that same counselor is also helping students who struggle with homelessness, abuse, depression, suicidal ideation, and a host of other serious challenges. Providing support to hundreds of students with limited resources can stretch the capacity of even the most dedicated school professional, leading to burnout and feelings of helplessness.

That's where TRAILS, a program of the University of Michigan Comprehensive Depression Center, can help. TRAILS (Transforming Research into Action to Improve the Lives of Students) brings cognitive behavioral therapy (CBT) and mindfulness into schools. CBT and mindfulness cultivate fundamental coping and self-care skills that can last a lifetime. Both have a demonstrated positive impact on social, emotional, behavioral, and academic outcomes for students, and both can be learned and practiced outside of a mental health clinic—making them ideal for school settings.

TRAILS partners with local mental health providers to train school professionals in CBT and mindfulness techniques, which they can then use with their students.

After a 12-week coaching period, the school is equipped to offer CBT and mindfulness independently on an ongoing basis. To ensure that schools can sustain the program, TRAILS offers ongoing support in the form of consulting and online resources.

Since its 2013 inception, word about TRAILS has spread quickly throughout the state, and demand has outpaced the program's expansion timeline. In 2016, a grant from the Health Fund helped the team recruit and train 150 community-based mental health providers to become clinical coaches. In 2018, we partnered with other funders to support statewide availability of TRAILS resources and materials, as well as planning for TRAILS in the Detroit Public Schools Community District. As the program continues to grow and receive national attention, we're proud to be among the family of funders helping Michigan students access the care they need.

FIND MORE INFORMATION AT WWW.TRAILSTOWELLNESS.COM

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HEALTHY AGING

CATHOLIC SOCIAL SERVICES OF WASHTENAW \$226,468

AHEAD OF THE CURVE WASHTENAW

To bring together nontraditional partners such as local businesses and religious and civic to support older adults and their caregivers, and help build a caregiving-friendly community.

COMPREHENSIVE SENIOR CARE CORPORATION/DBA SENIOR HEALTH PARTNERS \$123,776

BUILDING COMMUNITY COLLABORATIONS TO SUPPORT FAMILY CAREGIVERS

To build on, streamline, and formalize existing partnerships to support caregivers in Southwest Michigan by better integrating the health system, aging services, and other providers.

CONNECTED NATION (CONNECT MICHIGAN) \$327.535

IMPROVING TELEMEDICINE IN MICHIGAN'S RURAL COMMUNITIES

To use telemedicine to provide access to numerous health-related services in five rural counties that have recently been connected to high-speed internet.

DETROIT AREA AGENCY ON AGING \$500,000

PASSPORT TO HEALTH

To help older adults set and meet health goals and connect them to health and wellness services in the community through a team of health coordinators and nursing students, integration among aging services partners and healthcare providers, and introducing geriatric care practice to nursing students.

EASTERN MICHIGAN UNIVERSITY \$370,703

A FAMILY-CENTERED APPROACH TO DEMENTIA CAREGIVING IN CULTURAL CONTEXT

To pilot an Alzheimer's disease caregiver support intervention designed to be culturally responsive to the needs of the Arab Americans community, and provide a model process for developing culturally sensitive caregiving programs for other populations.

GENERATIONS UNITED \$207,462

INTERGENERATIONAL SOLUTIONS FOR HEALTHY AGING - REDUCING SOCIAL ISOLATION AMONG OLDER ADULTS WHILE BUILDING THE FUTURE HEALTH CARE WORKFORCE

To conduct an intergenerational project in Southeast Michigan, in which local Girl Scouts troops and older adults codesign and implement programs that serve older adults' needs.

GRAND VALLEY STATE UNIVERSITY \$493,687

A PARTNERSHIP TO SUPPORT AGING IN PLACE BY THE DELIVERY OF ON-SITE INTERDISCIPLINARY PRIMARY CARE TO SENIORS

To provide onsite primary care to older adults living in low-income housing in Kent County, through interdisciplinary teams focused on improving mental, physical, and functional health.

HEALTH EMERGENCY LIFELINE PROGRAMS \$500,000

SILVER RAINBOW HEALTH INITIATIVE

To open a health clinic in metro Detroit providing primary, mental health, and specialty care as well as supportive services to LGBT+ older adults, the first of its kind in Michigan.

HENRY FORD HEALTH SYSTEM \$250.000

A PLANNING GRANT TO ADAPT A GLOBAL HEALTH MODEL TO IMPROVE CAREGIVER ENGAGEMENT AND DELIVER VALUE-BASED CARE

To investigate and test new ways to use technology in the patient/caregiver relationship, starting at the point of hospital discharge.

HOSPICE OF MICHIGAN \$495,300

BURNOUT PREVENTION IN HOSPICE AND PALLIATIVE CARE WORKERS

To reduce extremely high burnout rates among hospice and palliative care workers by designing and testing a customized intervention program developed with input from urban, suburban, and rural clinical staff.



MICHIGAN COALITION AGAINST HOMELESSNESS \$159,105

INCREASING HEALTH AND HOUSING OUTCOMES THROUGH INTEGRATED SYSTEMS

To investigate the need and possibilities for linkages between housing and healthcare systems, and help build a case for strategic integration to improve outcomes for older adults experiencing homelessness.

MICHIGAN DISABILITY RIGHTS COALITION \$495,645

LIVING WELL IN MICHIGAN: CAREGIVER SUPPORT

To provide education and training for caregivers focused on setting and achieving health and wellness goals by accessing information, services, tools, and social supports while also prioritizing self-care.

MICHIGAN STATE UNIVERSITY \$407,000

BUILDING A STRONG CAREGIVER WORKFORCE

To address Michigan's critical shortage of direct care workers through a training academy for family and professional caregivers.

MICHIGAN STATE UNIVERSITY \$499,957

CARING FOR PATIENTS WITH CHRONIC CONDITIONS PROJECT: INTEGRATING INTERNAL MEDICINE PRACTICE AND COMMUNITY-BASED SERVICES FOR OLDER ADULTS WITH CHRONIC CONDITIONS

To develop a replicable model for educating medical residents about community-based aging services that might benefit their patients.

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2018 GRANTS

HEALTHY AGING

MIDMICHIGAN HEALTH FOUNDATION \$224,874

THE BRIDGE TO BELONGING: PARTNERSHIP TO END LONELINESS

To address social isolation among older adults by assessing loneliness and connecting older adults to health and social resources in the community.

OAKLAND UNIVERSITY \$201,558

DIRECT COMMUNITY REFERRALS TO THE HOP-UP-PT (HOME-BASED OLDER PERSONS-UPSTREAMING PREVENTION-PHYSICAL THERAPY) PROGRAM

To deliver preventative physical therapy to older adults in their homes to address mobility issues before they become critical, helping participants maintain independence and age in place.

PRESBYTERIAN VILLAGES OF MICHIGAN FOUNDATION \$250,000

STUDENTS AT PACE

To increase the number of professionals working in the aging services field by providing exposure to the field of gerontology and aging services.

REGION 3B AREA AGENCY ON AGING \$477,050

COMMUNITY APPROACH TO CARE AND HEALTH FOR SENIORS

To improve care for rural, vulnerable older adults in Southwest Michigan through a mobile health and learning lab, increased access to medical and social resources in the community, and expanding the integration of community health workers into care systems.



CAREGIVING: A PRESSING ISSUE

In the list of grants on this page, you might notice a new focus for the Health Fund: caregiving. As Michigan's population ages, professional and family caregivers alike will be stretched to the limits. Paid or unpaid, the work is emotionally and physically taxing, and supportive resources are often hard to find. Many caregivers are older adults themselves, resulting in a complex web of challenges that can affect and even compound one another.

Thankfully, we aren't alone in our efforts to help caregivers. It's also a priority for the Ralph C. Wilson Jr. Foundation (RCWJRF), and in 2018 they endowed a permanent Health Fund position dedicated to caregiving. RCWJRF's geographic footprint includes metro Detroit and Western New York, and they've endowed a similar position at the Health Foundation for Western and Central New York (HFCWNY). By hiring a program officer that works specifically on this work, we're able to look at the issue through a systemic lens and consider bold,

THE REGENTS OF THE UNIVERSITY OF MICHIGAN \$495,891

OPTIMIZING SAFE MEDICATION USE IN OLDER ADULTS VIA IN-HOME TELEPHARMACY

To improve medication management and safety by using technology to integrate disparate aspects of the process, including electronic medical records, caregiver coordination, and often overlooked factors like health literacy.

ST. LOUIS CENTER FOR EXCEPTIONAL CHILDREN AND ADULTS \$213.950

MONTESSORI-INSPIRED LIFESTYLE FOR OLDER ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES AND DEMENTIA

To serve low-income older adults with intellectual and developmental disabilities as well as those with dementia through stimulating sensory activities to reconnect to individuals who may seem unreachable.

transformative approaches. By partnering with RCWJRF, HFWCNY, and other funders we can ensure our efforts are coordinated advancing each other's work.

One angle we're tackling: community-based caregiving. As the number of older adults and their caregivers continue to grow, the less sense it makes to consider this a challenge faced only by individuals. The work of caregivers is often invisible, but they're often our coworkers, neighbors, and friends. That means we need more community organizations who see this as part of their scope, more education and career pipelines that promote caregiving as a viable pathway, and better supports across the board for the many challenges associated with caring for another person's health and well-being.

TO LEARN MORE ABOUT OUR PARTNERS IN THIS WORK, VISIT RCWJRF.ORG AND HCWCNY.

TRINITY HEALTH \$460,000

EVERY DAY COUNTS: IMPROVING OUTCOMES AT THE END OF LIFE BY HELPING OLDER PATIENTS AND ONCOLOGISTS TALK ABOUT WHAT MATTERS MOST

To address the gap between seriously ill cancer patients' goals and priorities and the care they receive, particularly near the end of life, by developing a person-specific plan from the very beginning of an individual's care.

WAYNE STATE UNIVERSITY \$413,903

SAFE: SUCCESSFUL AGING THROUGH EMPOWERMENT - CAREGIVER EMPOWERMENT

To provide online and in-person training for caregivers, to reduce caregiver stress related to financial management duties they often inherit with no training or skills.

NUTRITION & HEALTHY LIFESTYLES

BEAUMONT HEALTH FOUNDATION \$445,890

DEARBORN SHINES (SCHOOL HEALTH THROUGH INTEGRATED NUTRITION & EXERCISE STRATEGIES) FOR HEALTHY KIDS!

To implement a "Whole School, Whole Community, Whole Child (WSCC)" model to facilitate healthy attitudes and behaviors across K-8 Dearborn Public Schools and students' homes.

DELTA-SCHOOLCRAFT ISD \$497,855

U.P. HEALTH PROJECT

To develop a coordinated system of support to improve student health in elementary and middle schools throughout the U.P., with a focus on special education students.

EASTERN MARKET CORPORATION \$400.000

CULTIVATING A CULTURE OF HEALTH AND WELLNESS IN DETROIT

To promote a culture of wellness through weekly farmers markets in underserved areas, expanding the Fresh Prescription program, and adding more cooking classes for youth and seniors.

FAIR FOOD NETWORK \$500,000

DOUBLE UP FOOD BUCKS: SUCCESSFULLY CREATING AND MEETING DEMAND FOR FRESH FRUITS AND VEGETABLES AMONG SNAP SHOPPERS STATEWIDE

To increase healthy food access in Michigan by allowing Double Up Food Bucks participants to purchase more fruits and vegetables, encouraging more SNAP users to take advantage of Double Up Food Bucks, and integrating the program as an electronic benefit.

INTER-TRIBAL COUNCIL OF MICHIGAN \$200,000

MICHIGAN TRIBAL FOOD ACCESS COLLABORATIVE PROJECT

To expand collaborations and existing services to improve childhood nutrition and overall health among Native American children aged 3 to 11 in six federally recognized tribal communities.

KIDS' FOOD BASKET \$200,000

FROM HUNGER RELIEF TO NUTRITION EDUCATION AND ACCESS

To use 9.5 acres of farmland in Kent County, as a food hub to support an infrastructure for a local, healthy, and fresh food movement targeted at children and their families.

MARQUETTE-ALGER-RESA \$249,285

PE-NUT EXPANSION PHASE III

To expand nutrition education programming to additional schools that do not qualify for SNAP-Ed funded PE-Nut programming, and expand the "Healthy Hero" punch card grocery store program across five additional counties.

MICHIGAN ELEMENTARY AND MIDDLE SCHOOL PRINCIPALS ASSOCIATION \$400,000

INCORPORATING HEALTH AND WELLNESS INTO SCHOOL IMPROVEMENT PLANS STATEWIDE PILOT PROJECT

To demonstrate integration of health and wellness into the school improvement planning process in elementary and middle schools across the state.

MICHIGAN STATE UNIVERSITY \$500,000

FOOD AS MEDICINE FOR OLDER ADULTS WITH CHRONIC HEALTH CONDITIONS

To improve food access and nutritional status of older adults in the Northwest Lower Michigan through nutritional services after hospital discharge and enhanced transfer of care to community-based programs.

MICHIGAN STATE UNIVERSITY \$500.000

INNOVATIVE NUTRITION PRACTICES IN PEDIATRIC HEALTH CARE: ASSESSMENT OF FRUIT AND VEGETABLE PRESCRIPTIONS FOR CHILDREN AND FAMILIES IN NEED

To expand the fruit and vegetable prescription program piloted at the Hurley Children's Clinic and evaluate its impact, and expand of Flint Kids Cook, a cooking and nutrition class for children at the Flint Farmers Market.

NATIONAL KIDNEY FOUNDATION OF MICHIGAN \$353,652

PEACH (PROJECT FOR EARLY CHILDHOOD HEALTH)

To secure healthy lifestyle habits of children, families, and childcare centers by providing nutrition and physical activity workforce development for childcare providers; improving nutrition at childcare centers; increasing produce consumption and physical activity among children and their families; increasing physical activity of children and their families; and improving kindergarten readiness.

PLAYWORKS EDUCATION ENERGIZED \$500,000

GROWING SAFE AND HEALTHY PLAY IN MICHIGAN

To build Playworks' organizational capacity to help school districts across Michigan develop structured play programs that are innovative, scalable, and sustainable.



NUTRITION & HEALTHY LIFESTYLES

PROMEDICA BIXBY HOSPITAL \$250,000

PROMEDICA VEGGIE MOBILE

To reduce obesity and related chronic conditions in Lenawee County by expanding a mobile produce market, working with convenience stories to stock more healthy food, and working with the Boys & Girls Club of Lenawee County to improve supplemental meals in schools.

PUBLIC HEALTH, DELTA & MENOMINEE COUNTIES \$333,600

HEALTHY KIDS U.P. (HKUP)

To bring the University of Michigan Project Healthy Schools program to up to 12 middle schools across the U.P., with the ultimate goal of linking all U.P. schools with the resources they need to change policy, infrastructure, and community culture around health, nutrition, and physical activity.



CULINARY MEDICINE: HEALTHY EATING IS HEALTHY LIVING

We know that healthy eating prevents obesity and related chronic diseases, like heart disease and diabetes. But food isn't medicine—or is it? Culinary medicine incorporates nutrition and healthy cooking habits into a patient's treatment plan to restore and maintain well-being. The Health Fund is proud to partner with several organizations that are leading the way in this burgeoning field.

In Flint, clinicians and community organizations alike recognize that certain foods can limit lead absorption and mitigate the effects of lead poisoning. So the Fair Food Network has expanded and improved Double Up Food Bucks, which helps families using public assistance purchase more fruits and vegetables. Flint Fresh launched mobile markets to transport fresh produce to local senior living centers, apartment buildings, and schools. Hurley Medical Center

implemented a prescription for nutrition program, and later, a "farmacy" where patients can pick up their culinary medicine onsite.

And there are exciting efforts elsewhere in the state: in Grand Rapids, Spectrum Health is training clinicians to incorporate nutrition and cooking education into their work. In Lansing, the Sparrow Foundation is providing age-appropriate cooking classes for children.

These programs represent a broader view of what constitutes a medical treatment or intervention, and a growing understanding of the science behind culinary medicine. As we continue to learn how certain foods and diets can support positive health outcomes, the Health Fund will continue partnering with organizations bringing culinary medicine to Michigan communities.

SPARROW FOUNDATION \$136,984

SPARROW HEALTH SYSTEM: BE WELL IN THE KITCHEN

To provide an age-appropriate educational series targeted at improving nutrition behaviors through cooking demonstrations and lessons as well as opportunities to participate in structured physical activity.

SPECTRUM HEALTH FOUNDATION \$499,943

SPECTRUM HEALTH CULINARY MEDICINE

To transform care delivery to underserved at-risk youth and their families by expanding Spectrum Health's professional culinary medicine program to resident physicians, healthcare workers, and families.

WAYNE STATE UNIVERSITY \$262,784

COMMUNITY HEALTH PIPELINE YOUTH CATALYST FOR CHANGE

To formally connect existing health and food systems and develop the next generation of community health leaders in the city of Detroit, through education, exposure to farmers markets and urban farming, apprenticeships, college preparation, and career development.

YMCA OF GREATER GRAND RAPIDS \$170,665

YMCA HEALTHY CORNER STORE INITIATIVE

To engage YMCAs in West Michigan and help communities defined by the USDA as having low food access build neighborhood food systems that are healthy, affordable, and accessible for low-income residents.

SPECIAL PROJECTS & EMERGING IDEAS

ALTARUM INSTITUTE \$358,000

BREAKING DOWN BARRIERS TO SHARING BEHAVIORAL HEALTH INFORMATION

To develop statewide educational tools and direct assistance for providers to address consent and confidentiality regulations, in order to electronically share behavioral health information among care teams.

AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN \$468,909

CONNECTED2CARE

To reduce the impact of fragmented care on older adults who have complex care needs by creating electronic connectivity between physical health providers and community-based organizations.

MICHIGAN DEPARTMENT OF EDUCATION \$499.998

CREATING CHANGE: BUILDING THE CAPACITY OF MICHIGAN SCHOOLS TO IMPACT THE HEALTH, WELLBEING AND EDUCATIONAL OUTCOMES OF LGBTQ STUDENTS

To help Michigan school districts create safe, supportive, and inclusive learning environments that will improve LGBTQ students' health, wellbeing, and educational outcomes.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES \$500,000

STATEWIDE PERINATAL PREVENTION AND RESPONSE: REGIONAL PERINATAL QUALITY COLLABORATIVES

To expand the High Touch-High Tech (HT2) program to two additional regions of Michigan, helping identify substance use during pregnancy and links pregnant women to appropriate services.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES \$200,000

STATEWIDE LONG-TERM CARE STUDY

To conduct a needs assessment of long-term care Michigan, an actuarial analysis of potential solutions to better serve our rapidly aging population, and create a plan addressing the caregiver shortage.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES \$500,000

INCREASING OPIOID TREATMENT ACCESS WITH PHYSICIAN INCENTIVES

To increase the number of Michigan providers offering medication assisted treatment and substance use disorder counseling services through medical education debt repayment to select providers in the 21 highestneed counties in Michigan.

MICHIGAN HEALTH AND HOSPITAL ASSOCIATION FOUNDATION \$469,000

"I VACCINATE" PROVIDER EDUCATION TOOLS

To develop strategies and tactics for healthcare providers to better converse with and educate parents about vaccinations.

MICHIGAN NONPROFIT ASSOCIATION \$100,000

CENSUS 2020

To support a collaborative statewide effort to mobilize nonprofit organizations and encourage census participation in communities with significant risk of being undercounted.

MICHIGAN PUBLIC HEALTH INSTITUTE \$499,412

CREATING TRANSFORMATIVE SYSTEM CHANGE TO REDUCE INFANT AND MATERNAL MORTALITY

To convene state and local stakeholders to collaboratively address the root causes of racial inequities in maternal and infant mortality.



MICHIGAN STATE UNIVERSITY CENTER FOR REGIONAL FOOD SYSTEMS \$313,616

BUILDING MICHIGAN'S HEALTHY FOOD ACCESS THROUGH LOCAL FOOD COUNCILS

To increase the capacity of statewide food and health networks and local food councils to improve healthy food access, food security, and other health outcomes.

MICHIGAN STATE UNIVERSITY INSTITUTE FOR PUBLIC POLICY AND SOCIAL RESEARCH \$434,891

MICHIGAN HEALTH POLICYMAKING

To create a health policy track in the existing Legislative Leadership Program and improve Michigan lawmakers' understanding of health challenges and policy.

RELIANCE COMMUNITY CARE \$440,000

REPLICATION AND ENHANCEMENT OF MEDICALLY COMPLEX CASE MANAGEMENT MODEL

To replicate an integrated service model for medically complex older adults, including physical, mental and social services.

THE REGENTS OF THE UNIVERSITY OF MICHIGAN \$498,596

ENHANCING TREATMENT ACCESS FOR ABANDONED CHRONIC PAIN PATIENTS

To increase access to treatment for individuals with chronic pain by assessing barriers to care and developing toolkits that can be used by stakeholders including clinicians, insurers, policymakers and patients.

SCHOOL COMMUNITY HEALTH ALLIANCE OF MICHIGAN \$425,000

LONG-TERM FINANCING STRATEGIES FOR SCHOOL HEALTH TEAMS

To implement long-term financing strategies and develop the school health team model for schools, with an emphasis on school behavioral health provider expansion.

COMMUNITY HEALTH IMPACT

ALPENA AREA SENIOR CITIZENS

COUNCIL, INC.

PROJECT STUDENT ENTREPRENEURS

\$100,000

ALTARUM INSTITUTE

ENHANCING MICHIGAN WIC FOR RURAL FAMILIES

\$84,672

AMERICAN HEART ASSOCIATION

BUILDING THE FOUNDATION FOR A CULTURE OF HEALTH IN FAITH SETTINGS WITH

EMPOWERED TO SERVE

\$99,982.70

AREA AGENCY ON AGING 1-B

REDUCING AVOIDABLE HOSPITALIZATIONS AMONG THE MI CHOICE MEDICAID WAIVER AND DUALLY ELIGIBLE INTEGRATED CARE

(MI HEALTH LINK) POPULATIONS

\$84,115

BENZIE LEELANAU DISTRICT

HEALTH DEPARTMENT

MOM POWER: BUILDING CAPACITY FOR **FUTURE SUSTAINABILITY AND REPLICABILITY**

\$100,000

CHERRY HEALTH

CHERRY HEALTH INFANT MENTAL

HEALTH PROGRAM

\$100,000

CHILD & FAMILY SERVICES

OF NORTHEAST MICHIGAN

TOOLS FOR FAMILY SUCCESS:

TAKING CHARGE OF TOMORROW

\$100,000

CHILD & FAMILY SERVICES OF NORTHWESTERN MICHIGAN

TOWARD A TRAUMA-INFORMED

NORTHERN MICHIGAN

\$100,000

COMMUNITY MENTAL HEALTH

FOR CENTRAL MICHIGAN

LEARNING CENTER

\$85,000

CRIM FITNESS FOUNDATION (FLINT)

HEALTHY AND MINDFUL FAMILIES PROJECT

\$100,000

DETROIT FOOD &

ENTREPRENEURSHIP ACADEMY

COOKING UP WELLNESS FROM THE KITCHEN TO THE COMMUNITY

\$100,000

EASTERN MICHIGAN UNIVERSITY

SUPPORTING THE HEALTH AND MENTAL HEALTH OF INFANTS AND TODDLERS IN FOSTER CARE

\$100,000

FEEDING AMERICA WEST MICHIGAN

PLATE PLACE, A COMMUNITY FOOD CENTER

\$90.926

FOOD GATHERERS

HEALTH CARE AND FOOD BANK

PARTNERSHIP INITIATIVE

\$100,000

GREATER DETROIT AREA

HEALTH COUNCIL

CHOOSE HEALTH

\$99,940

HARBOR BEACH COMMUNITY HOSPITAL

INTEGRATED BEHAVIORAL HEALTH PROJECT

\$99,504

HAVFN

CHILDREN'S HEALTH INITIATIVE

\$100,000

HEALTH DEPARTMENT

OF NORTHWEST MICHIGAN

SAFE FOOD. SAFE COMMUNITIES

\$100,000

HURLEY MEDICAL CENTER

HURLEY MEDICAL CENTER FOOD FARMACY-EXPANSION TO ADDRESS FOOD INSECURITY

WITHIN GENESEE COUNTY'S MOST

VULNERABLE POPULATIONS \$85.800

JEWISH HOSPICE & CHAPLAINCY NETWORK

PILOT PROJECT TO DEVELOP A VOLUNTEER MEDIATED, EVIDENCE BASED INTERVENTION **MODEL TO ENHANCE PATIENT AND CAREGIVER**

WELL-BEING

\$100,000

KALAMAZOO COMMUNITY MENTAL

HEALTH AND SUBSTANCE ABUSE SERVICES ADAPT FOR VETERANS AND FAMILY MEMBERS

\$100,000

KEEP GROWING DETROIT

HEALTHY EATERS TO HEALTHY LEADERS

\$91.638

LITTLE BROTHERS FRIENDS

OF THE ELDERLY

SISU (SERVING ISOLATED SENIORS

IN THE UPPER PENINSULA)

\$97,406

MENTAL HEALTH FOUNDATION

OF WEST MICHIGAN

EVIDENCE-BASED RESEARCH STUDY

\$28,000

MICHIGAN ASSOCIATION OF HEALTH

PLANS FOUNDATION

CREATING NEW TOOLS: RESPONDING TO THE ADVERSE CHILD EXPERIENCE COMMUNITY

\$70,000

MICHIGAN ENVIRONMENTAL COUNCIL

CSA SHARES AS A HEALTHY FOOD DELIVERY MODEL FOR VULNERABLE FAMILIES: YEAR II

\$100,000

MICHIGAN PUBLIC HEALTH INSTITUTE

PARTNERS IN CARE CONCIERGE EXPANSION.

ENRICHMENT, AND EVALUATION \$100,000

MICHIGAN STATE UNIVERSITY

AN ONLINE PARENTING INTERVENTION PROGRAM TO SUPPORT MICHIGAN FAMILIES

\$99,954.10

MICHIGAN STATE UNIVERSITY

A HIGH SCHOOL PERSONAL CARE AIDE **TECHNICAL TRAINING PROGRAM**

\$99,999.29

PINE REST CHRISTIAN MENTAL

HEALTH SERVICES

IMPROVING POST-DISCHARGE

FOLLOW-UP WITH TELEHEALTH

\$77,360

PORTAGE HEALTH FOUNDATION

ADOLESCENT MENTAL AND

BEHAVIORAL HEALTH \$100,000

PRESBYTERIAN VILLAGES

OF MICHIGAN FOUNDATION CAREGIVER'S BEST FRIEND

\$100,000

PROJECT HEALTHY COMMUNITY

FUNDAMENTALS OF UNDERSTANDING NUTRITION ("FUN") PANTRY

\$35,000

SOUTHEASTERN MICHIGAN

PROJECT (CO-OP) PROJECT

HEALTH ASSOCIATION

DETROIT COMMUNITY OUTREACH AND OVERDOSE PREVENTION

\$100,000

TCM COUNSELING

EMOTIONALLY HEALTHY CHILDREN AND TEENS

\$51,400

THE REGENTS OF THE UNIVERSITY

OF MICHIGAN

LEVERAGING E-HEALTH TO IMPROVE CARE

FOR PEDIATRIC DIABETES: A NEW APPROACH TO CARE DELIVERY FOR CHILDREN AND FAMILIES

WITH TYPE 1 DIABETES ACROSS MICHIGAN

\$100.000

TOLFREE FOUNDATION

GO OUTSIDE!

\$100,000

UNIVERSITY REHABILITATION ALLIANCE

DBA: ORIGAMI BRAIN INJURY

REHABILITATION CENTER RETURN TO DRIVING AFTER INJURY:

ROAD TO INDEPENDENCE \$58,595

WAYNE STATE UNIVERSITY

REAL TIME NURSING HOME QUALITY

CONTROL - SECOND YEAR

\$79,846

PARTNER PERCEPTIONS

HOW THE HEALTH FUND STACKS UP

HOW THE HEALTH FUND STACKS UP

From reviewing promising new ideas to evaluating project success, funders spend a lot of time examining others' work. Looking outward is an important part of the job; our success grows from the success of our partners. In our fifth year of grantmaking, we turned the critical lens around to examine our own effectiveness. Are we growing in a positive direction? How can we do our job better?

In the interest of an outside perspective and honest, unfiltered feedback, we asked the Center for Effective Philanthropy (CEP) to survey our grantees and applicants on our behalf. We hoped to learn more about what we're doing well, what we can improve, and, perhaps most importantly, what our place is in the diverse landscape of philanthropy.

GRANTEE QUOTE

THE DIRECT AND OPEN
COMMUNICATION WITH THE
HEALTH FUND HAS BEEN SO
HELPFUL AND CONSISTENT...
IT IS CLEAR THEY ARE
BEING INTENTIONAL ABOUT
DEVELOPING A CULTURE
THAT IS SENSITIVE TO THE
ORGANIZATIONS THEY ARE
FUNDING AND EVEN THOSE
TO WHOM THEY ARE
DECLINING FUNDING.

ANONYMOUS GRANTEE

AN INDUSTRY STANDARD FOR ASSESSMENT

CEP assesses philanthropic organizations in order to provide "a powerful combination of dispassionate analysis and a passionate commitment to improving lives." More than 320 funders have sought feedback through CEP's Grantee and Applicant Perception Report. Last year the Health Fund became the newest participant, joining philanthropic leaders like the Bill and Melinda Gates Foundation, the Ford Foundation, and the W. K. Kellogg Foundation.

In early 2018, CEP surveyed 70 Health Fund grantees and 55 applicants on numerous topics, including our level of impact, understanding of beneficiaries, communication, application and evaluation processes, and assistance beyond the grant. They then benchmarked the responses against their pool of hundreds of funders and sent the results to us. The final report illuminated some key successes, as well as some important areas for growth.

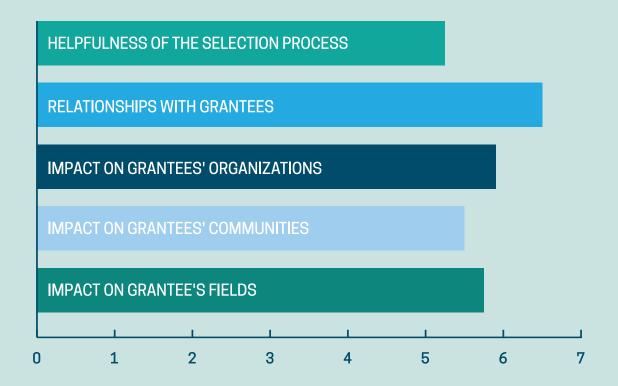
THE GOOD

We were pleased to see that the survey results reflected back to some of our own perceived strengths. There were a few that came up repeatedly in the final report:

We give big grants.

One of the most straightforward of the CEP report's conclusions: our grants are large. Our median grant size of over \$360,000 puts us at the 88th percentile of funders. This past year, we awarded over \$28 million in grants to Michigan organizations. We've found that making significant investments in our grantees' projects allows them to be ambitious in their ideas and gives them the greatest chance of lasting success.

AVERAGE GRANTEE RATINGS OF HEALTH FUND



We communicate well.

Our program officers pride themselves in being accessible, open, and thorough in their communications with grantees, and that effort was reflected in survey responses. Grantees complimented high levels of transparency, responsiveness, and approachability, and they described the Health Fund as "meaningful," "honest," and "unfailingly helpful." Applicants who didn't ultimately receive funding were equally complimentary: their survey responses placed the Health Fund in the top 10% of the CEP's pool of over 250 funders in clarity, consistency, and honesty of communication.

We understand the organizations we work with.

The CEP ranked the Health Fund in the top 30% of their data set for understanding of grantees' fields, contexts, and needs. Our transparent communication and ongoing quest for feedback surely play a part in that, as well as our engaged program staff, who often travel the state to visit with partners and learn about their work. We believe it's key to understand the projects we fund and the systems in which our partners are working, not only for the success of the grants, but also in order to have an effect on that system. We try to make sure that understanding goes the other way, too, giving potential applicants as clear a window as possible into what we're looking for and how we hope to support change.

HOW THE HEALTH FUND STACKS UP

ROOM FOR IMPROVEMENT

Even more important than understanding what we do well is finding out what we could do better. As a young foundation, it's no surprise that our grantees and applicants had constructive criticism for the Health Fund, and we already have ideas on how to learn from their advice. Some of the main takeaways:

The application process takes a while.

According to CEP, the average grant application and selection process takes about 20 hours of time. Our grant application process requires twice that amount. That said, the report also states that 93% of rejected applicants would consider applying again, and many reported that the in-depth process strengthened their programming. Concept papers account for much of the increased time required for our application process, and grantees affirmed the utility of Health Fund feedback on them. We will continue to seek out ways to streamline the application without sacrificing the benefits of our in-depth process.

GRANTEE QUOTE

OPPORTUNITIES TO MEET
WITH OTHER ORGANIZATIONS
RECEIVING FUNDING COULD
HELP FACILITATE ADDITIONAL
COLLABORATION AND/OR
COORDINATE ACTIVITIES TO
ADDRESS SPECIFIC HEALTH
ISSUES.

ANONYMOUS GRANTEE

Our grants are short.

With a median length of just 1.6 years, the Health Fund's grants are shorter than 85% of those in the CEP funder pool. Some organizations expressed concern about sustaining funding for the projects we fund. As you'll see below, we're looking for alternative ways to support promising work.

There's more we could do.

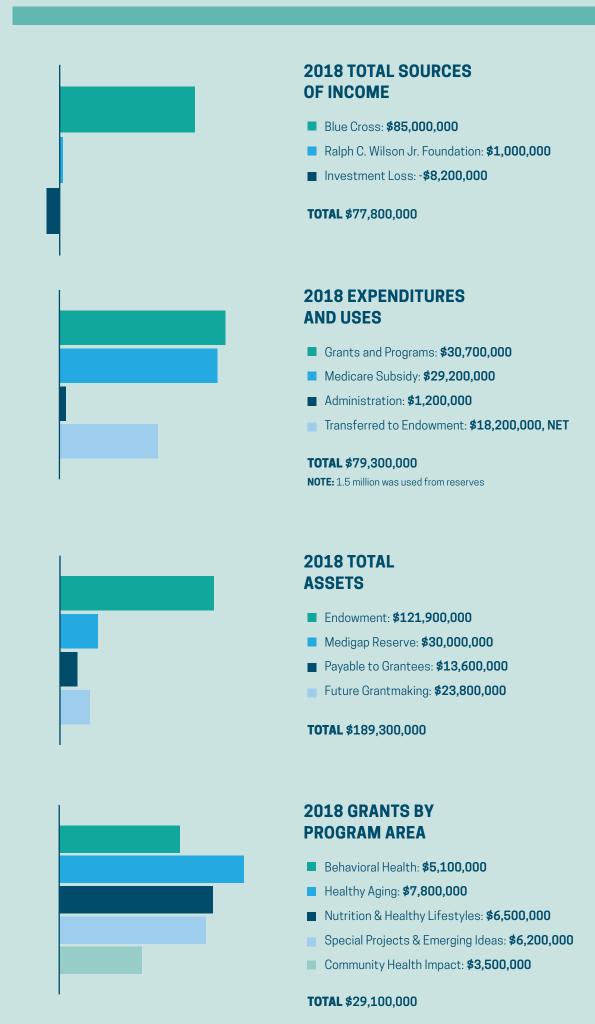
Perhaps the biggest takeaway from the report is our grantees' need for assistance beyond the grant dollar. Organizations are eager to connect with new funders, collaborate with other agencies, attend events, receive trainings, and increase their reach. To those who had this request: we hear you! We know that writing a check is just one piece of the puzzle. Our goal is not just to fund, but also to advise, to support, to connect, to build—to help make Michigan a leader in health, through the countless individuals and organizations already doing groundbreaking work in this state.

WHAT WE LEARNED

We are still shaping our place in Michigan's philanthropic landscape, and we continue to seek ways to build the breadth and depth of our support for the groups we fund. It's encouraging to know that our commitment to transparent and approachable communication with our grantees is paying off, and we want to make sure that communication and understanding continue to be core to who we are in years to come.

In next year's annual report, you'll read about how we quadrupled our assistance beyond grants in the form of capacity building, technical assistance, and other strategic support. You'll also hear how we're providing more venues for grantees to make connections and have an ongoing dialogue. The Michigan Health Endowment Fund is more than a monetary funding source. We strive to lead and unite, and to help the organizations we fund leave deep and lasting impacts on health in the state of Michigan.

FINANCIAL SUMMARY



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