

MICHIGAN HEALTH ENDOWMENT FUND

2017 ANNUAL REPORT







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LETTER FROM THE CHAIRPERSON

It has truly been a delight to be part of **THE HEALTH FUND**'s launch and watch its growth over its first five years. With the hard work of a talented staff, a committed board of directors, and a diverse group of partners, we're in an exceptional position, and I'd like to thank all those who have played a role in these early years.

In 2017 we completed our first full annual grantmaking cycle, awarding more than \$26 million across our five major initiatives. We're now a valuable source of funding for organizations across Michigan, supporting fresh ideas and proven models with the potential to benefit people and communities throughout our state. We've established our place in Michigan's philanthropic landscape, building partnerships and addressing health and wellness needs that we're uniquely equipped to tackle. And even as we hit our stride, we're not resting. With our partners, we are constantly looking to adopt ideas and best practices that will increase the impact of our funding.

To that end, lessons learned from early grantmaking are informing our programs as we continue to grow, and these lessons also can inform policy and practice that drive system improvements. In 2017 we began evaluating the first, multiyear grants awarded in 2014, and we've found that several resulted in positive outcomes and lasting impacts for Michigan residents.

For example:

- A grant we made to the **EASTER SEALS OF MICHIGAN** to pilot the **LUNA (LOOK, UNDERSTAND, NURTURE, ACT)** model for addressing Adverse Childhood Experiences (ACEs) was so successful that the **MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES** used it to inform trauma assessment in 12 regions statewide. It also played a role in a subsequent grant to the **MICHIGAN ASSOCIATION OF HEALTH PLANS** for statewide implementation the **MICHIGAN ACE INITIATIVE**.
- We supported the **MICHIGAN RECREATION & PARK ASSOCIATION (MPARKS)** as they launched **COME OUT AND PLAY! (COAP)**, which promotes physical activity in parks and on trails. mParks now has a dedicated committee and budget to sustain the program, and they've partnered with local parks and recreation departments to integrate COAP throughout Michigan. **MDHHS** has adopted COAP as the preferred youth activity curriculum for State Innovation Model regions.
- The **MICHIGAN PRIMARY CARE ASSOCIATION** received a grant to strengthen capacity at Michigan's 38 community health centers by **INCORPORATING COMMUNITY HEALTH WORKERS (CHWS)**. At the grant's conclusion, 16 community health centers had integrated CHWs, and Michigan was closer to reimbursement for CHW services. Other states are now looking to Michigan for best practices on CHW integration, and MPCA has partnered with the **NATIONAL ASSOCIATION OF HEALTH CENTERS** to promote their model. In addition, MPCA has secured \$7.1 million in federal Medicaid funding to expand the scope of the project.

In short, the Health Fund is supporting meaningful work in Michigan's communities and helping position the state as a leader in healthful progress. It's also clear that our impact will continue to grow. As the effects of our earliest grants continue to ripple outward, our more recent grants are also beginning to fulfill their promise.

That's why I'm excited and proud to share with you the Health Fund's 2017 portfolio of grants, spotlighted on the following pages. No longer a startup, we're immensely grateful to both our early partners, current grantees, and future changemakers, and everyone working with us to make Michigan a great place to live and prosper throughout our years.



TIM DAMSCHRODER
BOARD CHAIR



A group of people, including a young boy named Brandon, are participating in a fitness class. They are all raising their arms in the air. The boy in the foreground is wearing a striped shirt and jeans, and has a name tag that says "Brandon". The man next to him is wearing a black t-shirt with "Fit Kids" on it. The background shows other participants in a large room with a drop ceiling and fluorescent lights.

2017 GRANTS

NUTRITION & HEALTHY LIFESTYLES

BEHAVIORAL HEALTH

HEALTHY AGING

SPECIAL PROJECTS & EMERGING IDEAS

COMMUNITY HEALTH IMPACT

NUTRITION AND HEALTHY LIFESTYLES

2017 marked the first year of the Nutrition & Healthy Lifestyles Initiative, though access to healthy food has been a priority since the Health Fund's inception. For this inaugural cycle, we focused on projects that could improve food security for Michigan families, help regions better understand and meet their target population's needs, and integrate nutrition education in both traditional and innovative settings.



ALPENA AREA SENIOR CITIZENS COUNCIL, INC. PROJECT "STUDENT GOURMET"

\$200,000

To establish a culinary arts class for high school students from Alpena's ACES Academy to learn about food preparation. Students will grow and cook fresh food for older adults through a partnership with the Alpena Area Senior Citizens Center.

COMMUNITY FOUNDATION OF GREATER FLINT EXPANSION OF FLINT AND GENESEE ACCESS TO HEALTHY FOOD INITIATIVE

\$449,436

To build on ongoing work in Flint providing access to healthy food and nutrition to mitigate the effects of lead in children, including: expansion of Flint Fresh Mobile Market, Nutrition in Community (NIC) pilot program, and building the capacity of Edible Flint.

DELTA-SCHOOLCRAFT ISD U.P. HEALTH PROJECT

\$497,855

To develop of a coordinated support system for improving the health of 5th and 6th grade students in 28 schools throughout the Upper Peninsula, with a special focus on special education students.

FAIR FOOD NETWORK INNOVATING TECHNOLOGY AND EXPANDING GEOGRAPHIES FOR DOUBLE UP HEALTHY FOOD INCENTIVES

\$500,000

To replicate Flint's expanded Double Up Food Bucks program in seven Michigan communities. The new program sites build on and leverage Flint innovations, particularly in the areas of technology and communications.

FOOD BANK COUNCIL OF MICHIGAN DEFINING THE NEEDS OF MICHIGAN'S EMERGENCY RESPONSE NETWORK

\$450,000

To collaborate with university researchers to better determine the extent of hunger in Michigan, and calculate baseline data for food insecurity at the census tract level. Research will also lead to an hourly, monthly, and annual "self-sufficiency wage" for every family type and county in Michigan.

HEALTH NET OF WEST MICHIGAN FITKIDS360 EXPANSION & INFRASTRUCTURE

\$401,124

For a free seven-week stage II pediatric obesity intervention program for children aged 5-16 years old with a BMI at or above the 85th percentile for their age and sex. Funding supports online training resources, expanded programming, and piloting "On the Move," a 5K walk-to-run program, for Spanish-speaking families.

INTER-TRIBAL COUNCIL OF MICHIGAN MICHIGAN TRIBAL FOOD ACCESS COLLABORATIVE PROJECT

\$398,388

To improve overall health and address extreme health disparities related to poor nutrition, overweight, and obesity among Native American children and their families. Project will expand collaborations and improve existing programs and services targeting Native American children aged 3-11 years from six tribes and their families.

MICHIGAN ELEMENTARY AND MIDDLE SCHOOL PRINCIPALS ASSOCIATION (MEMSPA) INCORPORATING HEALTH AND WELLNESS INTO SCHOOL IMPROVEMENT PLANS STATEWIDE PILOT PROJECT

\$400,000

For a collaborative effort to create more effective and sustainable models for implementation of health initiatives in local schools through a two-year pilot project with elementary and middle schools. Partners include the Michigan Department of Health & Human Services, the Michigan School Health Coordinators Association, and the Michigan Department of Education.

MUNSON HEALTHCARE FOUNDATIONS
BUILDING A CHILD-FOCUSED HEALTH AND WELLNESS
CULTURE IN NORTHERN MICHIGAN

\$401,513

To foster a culture of health, wellness, and fitness for elementary school students by helping the individuals who interact most with them create a positive, supportive sphere of influence. Those individuals include school professionals, families, and healthcare providers.

NATIONAL KIDNEY FOUNDATION OF MICHIGAN
PEACH (PROJECT FOR EARLY CHILDHOOD HEALTH)

\$433,960

To improve access to quality nutrition education programs for youth up to five years old, and their families, living in ten Southern Lower Peninsula counties. The program targets children and families from communities that lack healthy food choices and other vital health-related resources.

PUBLIC HEALTH, DELTA & MENOMINEE COUNTIES
HEALTHY KIDS U.P.

\$310,746

To decrease the prevalence of pediatric obesity by ensuring all schools can develop wellness policies and committees; access programming that meets their needs; and connect with experts from a collaborative of organizations.

SPARROW FOUNDATION – SPARROW HEALTH SYSTEM
BE WELL IN THE KITCHEN

\$167,140

To provide an age-appropriate educational series focused on nutrition and cooking skills. In addition to healthy foods and nutrition education participants have opportunities to participate in structured physical activity.

WAYNE STATE UNIVERSITY
COMMUNITY HEALTH PIPELINE:
YOUTH CATALYST FOR CHANGE

\$262,784

To expand an existing program that helps disadvantaged high school students become community health leaders and agents of change. The program includes education, apprenticeships, and a chance to explore career pathways with a focus on food systems and social justice.

SPOTLIGHT ON: FEEDING THE PIPELINE

Public health professionals are increasingly focused on reversing trends like obesity and heart disease, and understanding how social determinants impact health outcomes. This shift requires rethinking the relationship between nutrition and health, and train a new generation of leaders to address 21st century challenges. Two 2017 Nutrition & Healthy Lifestyles grantees are helping grow interest in public health-related careers—and they're growing other things, too!

In Project Student Gourmet, students from ACES Academy work in the kitchen at the Alpena Senior Citizens Center, learning about safe food preparation, cooking meals from scratch, and practicing their service skills. Thanks to the newly installed garden center, students are also learning production farming, and using the fruits of their labor to create 'garden-to-table' dishes for older adults at the center.



In metro Detroit, the Wayne State University Community Health Pipeline is engaging young people in food-related health issues and preparing them to become community health leaders. High school students learn about healthy eating, practice urban farming, complete paid internships in areas like food security and community engagement, and explore community health career pathways.

BEHAVIORAL HEALTH

In 2017, the Health Fund's Behavioral Health Initiative continued to focus on workforce development and integrated care, including integration of primary care, behavioral health, and social or wraparound services. In addition, we funded several projects that specifically addressed addiction. Grants from this round serve both of the Health Fund's priority age groups, children and older adults, as well as vulnerable populations like families experiencing trauma and low-income families. Our grantees in this area are helping care providers, schools, and families treat the whole person, and finding new ways to address persistent challenges like behavioral health crisis services.

CATHOLIC HUMAN SERVICES, INC. INTEGRATED INTERVENTION FOR PARENTS WITH ADDICTIONS IN THE CHILD WELFARE SYSTEM To develop and implement an integrated intervention model addressing substance abuse. An interdisciplinary care coordination team will help parents struggling with addiction who have children in the child welfare system in Alpena and Montmorency counties.	\$449,411	HENRY FORD HEALTH SYSTEM OPIOID EPIDEMIC: PREVENTION, DIAGNOSIS, AND TREATMENT IN AND OFFICE-BASED INTEGRATED CARE MODEL For outpatient clinics in metro Detroit to use an integrated behavioral health care model for providing education, diagnosis, and treatment to those afflicted with opioid use disorders. The program will also train physicians and other clinical staff in appropriate prescribing of opiates.	\$500,000
CHERRY HEALTH ELEVATE SENIOR HEALTH: BEHAVIORAL AND PHYSICAL HEALTH ANNUAL SCREENING To improve early detection and treatment of behavioral health issues in seniors aged 65 and older. Three Cherry Health sites in Grand Rapids will increase wellness exams and integrate care management, wellness coaching, referral coordination, and follow-up.	\$480,678	MICHIGAN PUBLIC HEALTH INSTITUTE A SYSTEMS-LEVEL APPROACH TO NEONATAL ABSTINENCE SYNDROME To integrate care and services for pregnant women and infants impacted by NAS, caused when a newborn infant experiences withdrawal from a substance in the mother's system during pregnancy. The project will focus on prevention, screening and coordinating care, use initial results to develop a replication guide.	\$412,347
COMMUNITIES IN SCHOOLS OF KALAMAZOO INTEGRATED BEHAVIORAL HEALTH IN SCHOOL To expand student access to behavioral health services by integrating clinicians into five high poverty schools in year one, followed by the addition of five more schools in year two.	\$498,204	M.P.A. GROUP WASHINGTON ELEMENTARY SCHOOL FAMILY HEALTH INITIATIVE To create a school-based system that integrates behavioral health services, serving family and child needs and enhancing educational achievement. The project will educate staff on the impact of childhood traumas, train staff to identify and assist with behavioral interventions, and design educational strategies for students with behavioral health challenges.	\$157,166
THE CORNER HEALTH CENTER PSYCHIATRIC SERVICES FOR YOUTH THROUGH COMMUNITY HEALTHCARE (PSYCH) To increase access to integrated psychiatric services for children by adding psychiatric capacity to the Corner Health Center. The project will provide training for residents and other clinicians to provide care for stabilized patients or lower acuity patients without the presence of a psychiatrist.	\$282,913	NORTHERN LAKES COMMUNITY MENTAL HEALTH AUTHORITY FAMILY ASSESSMENT & SAFETY TEAM (F.A.S.T.) To address the fragmentation of service delivery for children in crisis and the shortage of child psychiatrists in the state and region, by standardizing the response and resources available to children in crisis. Mobile FAST members will immediately respond to calls for assistance with an integrated assessment, evaluation, and crisis interventions suitable to the child and family needs.	\$499,790.95
D. A. BLODGETT-ST. JOHN THE SAFE PASSAGES MENTORING PROGRAM To improve reunification rates of children in foster care by connecting biological parents dealing with substance use disorders to recovery support services through certified recovery coaches.	\$287,327	PINE REST CHRISTIAN MENTAL HEALTH SERVICES REDUCING PSYCHIATRIC BOARDING OF PEDIATRIC PATIENTS TO ASSIST FAMILIES IN CRISIS To address the issue of children being boarded in an emergency room while awaiting an inpatient bed or assessment by providing on-call psychiatric consultation, staff education, and additional care integration.	\$446,320
EASTERN MICHIGAN UNIVERSITY EMU GEROPSYCHOLOGY TRAINING: ADVANCING LATE-LIFE NEUROBEHAVIORAL HEALTH To establish specialty training in geropsychology in Eastern Michigan University's Clinical Psychology Doctoral Program, providing older adults with cognitive loss in Southeast Michigan with integrated behavioral health services delivered by doctoral students.	\$391,097.98		

THE REGENTS OF UNIVERSITY OF MICHIGAN **\$499,342**
ESTABLISHING A MICHIGAN COLLABORATIVE CARE
IMPLEMENTATION SUPPORT TEAM TO ENHANCE
ACCESS TO QUALITY MENTAL HEALTH TREATMENT IN
PRIMARY CARE FOR SENIORS AND LOW-INCOME ADULTS

To increase primary care workforce capacity to treat seniors' behavioral health conditions by supporting implementation of the Collaborative Care Model. This technical assistance project will develop infrastructure for a support team to help primary care clinics implement the model.

THE REGENTS OF THE UNIVERSITY OF MICHIGAN **\$353,289**
TRAILS TO BEHAVIORAL HEALTH: TRANSLATING RESEARCH
INTO ACTION TO IMPROVE THE LIVES OF STUDENTS (TRAILS)

To train school professionals in cognitive behavioral therapy (CBT) and mindfulness, increasing access to evidence-based mental health practices. Funding supports development of a statewide coaching infrastructure, clinical training to school professionals in every county in Michigan, and assignment of a local coach to each participating school.

THE RUTH ELLIS CENTER **\$261,132**
RUTH ELLIS INTEGRATED HEALTH & WELLNESS CENTER

To continue developing an integrated primary and behavioral health center co-located within a comprehensive drop-in center for homeless, runaway, and at-risk lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth. The project includes training for integrated care organizations and providers focused on LGBTQ-competent care.

UPPER GREAT LAKES FAMILY HEALTH CENTER **\$438,562**
INTEGRATING MICHIGAN'S U.P. BEHAVIORAL
HEALTH & PRIMARY CARE SERVICES

To combine resources of two organizations to provide comprehensive care for people in need of substance use treatment. Funding supports new service delivery, training, education, and medical leadership development to create fully integrated health home services and increase the number of addiction-trained physicians in the Upper Peninsula.

WAYNE STATE UNIVERSITY **\$499,502**
HIGH TOUCH - HIGH TECH (HT2)

To increase diagnosis and integrate treatment services for pregnant women struggling with addiction and depression. The project combines interactive mobile technology with infant mental health specialists within two prenatal practices in northern Michigan.

SPOTLIGHT ON: ADDRESSING THE OPIOID CRISIS

The opioid epidemic continues to devastate Michigan families and strain community resources as well as the healthcare system. In 2015, doctors in Michigan wrote 11 million opioid prescriptions—that's more prescriptions than people—and more people died from opioid overdoses than from traffic crashes or guns.

Our 2017 Behavioral Health Initiative sought proposals to address substance abuse disorders, with a focus on opioids. Several proposals responded to the call, and as part of this program we dedicated more than \$2.5 million to organizations combating the opioid epidemic (indicated by yellow highlights in list, left).



The Health Fund's support in this area will continue to evolve with the needs of Michigan communities. Over the coming years, we'll partner with other funders, nonprofits, and providers to support community-based approaches for addressing—and overcoming—the opioid crisis.

HEALTHY AGING

The 2017 Healthy Aging Initiative addressed pressing challenges like social isolation and lack of access to care—issues that will grow more urgent in the coming years. Our Healthy Aging grantees are ensuring that communities across Michigan are equipped to care for older adults and provide caregivers the support they need. To that end, we increased emphasis on the Health Fund's cross-cutting goals of integrated care and workforce development. This means we're rethinking systems, connecting social support services with physical and mental health care, and growing the professional capacity to meet the needs of an aging population.

AREA AGENCY ON AGING OF NORTHWEST MICHIGAN **\$292,064**
INTEGRATING HEALTHCARE AND COMMUNITY-BASED
SERVICES FOR INDIVIDUALS WITH DEMENTIA

To integrate primary care with community-based programs and provide dementia-specific training for caregivers through a pilot between three physician practices and the Area Agency on Aging of Northwest Michigan.

CALVIN COLLEGE **\$433,394**
COLLABORATIVE INTER-PROFESSIONAL FALLS
PREVENTION PROGRAM

To move beyond a one-size-fits-all approach and collaboratively develop a fall prevention model that identifies older adults' mobility issues, and connects them to services that meet their specific needs.

CENTRAL MICHIGAN UNIVERSITY **\$422,455**
EXPERIENTIAL LEARNING OLDER ADULT HOME VISIT
AND HEALTH IMPROVEMENT PROGRAM

To create a replicable model for training health profession students in geriatrics, building the capacity of nonprofit service providers to support older adults living in the community.

GENESEE HEALTH SYSTEM **\$500,000**
GENESEE COUNTY HEALTHY AGING

For a county-wide aging collaborative to provide homebound seniors with medical, mental, and other support services through a mobile health clinic and training community members to assist older adults experiencing mental health challenges.

HENRY FORD HEALTH SYSTEM – GLOBAL HEALTH INITIATIVE **\$306,375**
KNOCK & CHECK: PHASE TWO

To expand and test an aging services integration model where letter carriers visit homes of frail seniors to check on their well-being to reduce isolation, help connect them to resources, and improve health outcomes.

JEWISH HOSPICE AND CHAPLAINCY NETWORK **\$464,000**
LIFELINKS: HOME-BASED PALLIATIVE CARE PROGRAM

To expand the LifeLinks program, a home-based palliative care program for older adults who do not qualify for hospice, improving the quality of life for people with life-threatening illnesses and their families.

MICHIGAN STATE UNIVERSITY **\$500,000**
THRIVE NETWORK: EDUCATING DEMENTIA CAREGIVERS
ON WELLNESS AND SELF-CARE

To implement THRIVE, a hybrid model of in-person and virtual training that allows caregivers to access information and support from a statewide network of organizations and programs in one place, and to provide real-time feedback about their needs and experiences.

OTSEGO COUNTY COMMISSION ON AGING **\$360,320**
EXPANSION OF INNOVATIVE TECHNOLOGY
AND AGING PROGRAM

To implement Community Oxygen (CommunO2) in Flint, Gaylord, and Traverse City. CommunO2 is an application that centralizes a range of tools to meet the needs of older adults and reduce social isolation. Users can livestream community and faith events, engage with social services, have virtual visits with doctors, share health biometrics, and more.

REGION 7 AREA AGENCY ON AGING **\$500,000**
COMMUNITY CARE TRANSITIONS

To pilot an integrated care transitions hospital-to-home model coordinating hospital and primary care as well as community-based programs. Without leaving home, older adults will receive house call medical visits, including mobile x-rays and various other tests, and their electronic medical records will track the individual's health and supportive services.



ST. JOSEPH MERCY **\$462,000**
ESTABLISHING GERIATRIC BEHAVIORAL HEALTH SERVICES

For an integrated geriatric behavioral health team model to provide support to providers working with geriatric patients, extending the integration of behavioral health services in primary care settings and assisted living communities, and coordinating with community-based services.

TRINITY HEALTH CONTINUING CARE **\$495,000**
E-PRESCRIBING AGING SERVICES THROUGH ELECTRONIC MEDICAL RECORDS

To “e-prescribe” social services through electronic medical records to improve coordination across providers. Through this approach, making a referral to an aging services provider will be no more difficult for a physician than e-prescribing a medicine through his or her electronic medical record.

UPPER PENINSULA HEALTH CARE SOLUTIONS **\$296,243**
MAKE A PLAN, SHARE A PLAN

To improve advance care planning services in the Upper Peninsula through new approaches to training and utilize existing clinical and healthcare staff. The project will integrate with the health information exchange to enable the submission, storage, and retrieval of advance care documents across Michigan.

WAYNE STATE UNIVERSITY **\$256,076**
FRAILTY PREVENTION IN OLDER AFRICAN AMERICANS

For a new integrated frailty prevention model among pre-frail older African Americans living at home. The project will integrate evidence-based, preventative occupational therapy into an established primary care practice, delivering customized behavioral and rehabilitative programming to at-risk, pre-frail older adults.

SPOTLIGHT ON: TECHNOLOGY FOR AGING

If you think technology is tailored for younger generations, you might want to think again. One of our focus areas is how technology can enhance the delivery and effectiveness of healthcare services, and some of our 2017 Healthy Aging grantees are on the vanguard of health-related technology.

The Otsego County Commission on Aging is helping older adults in Flint, Gaylord, and Traverse City stay connected while remaining independent through the use of Community Oxygen (Commun02). Commun02 is a user-friendly platform that allows older adults to use telehealth services, stream religious and other community events, and easily communicate with loved ones or caregivers—and those are just a few examples. By using technology to break down barriers to participation and health, Commun02 exemplifies one of the best possible applications of technology.

Working in more traditional medical settings, Trinity Health Continuing Care is similarly using technology to reduce roadblocks for older adults. Their e-prescription program uses electronic medical records to prescribe services, the same way they’d use the system to prescribe an antibiotic or blood pressure medication. This is part of a larger effort to integrate preventative or nontraditional interventions, such as wraparound services and nutrition, into primary care settings.



Neither of these projects is about researching and developing the hottest new technological advancement on the market. Instead, both rely on technology to achieve a real-world outcome and incorporate it as part of a broader approach—and that’s the kind of technology enhancement the Health Fund would like to see more of.

SPECIAL PROJECTS & EMERGING IDEAS

HOSPICE OF MICHIGAN **\$500,000** PEDIATRIC CHRONIC COMPLEX CARE PROGRAM PILOT

To provide home-based care management for children in Michigan with serious life-long illnesses, to improve patient outcomes and family satisfaction while decreasing hospital days and emergency department visits.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$500,000** RE:IMAGINING INTEGRATIVE SERVICE DELIVERY

To improve Michigan residents' experience obtaining health and human service assistance by developing a user-centered post-eligibility experience that ensures meaningful, tangible supports are provided to address social needs.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$500,000** STATEWIDE DIRECTORY AND CONSUMER RELATIONSHIP MANAGEMENT (CRM) TOOLS FOR CARE COORDINATORS

To reduce duplication of care coordination through the integration of a statewide electronic directory and a care coordinator relationship management service, providing resources to bridge the gaps between care coordinators and caregivers.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$500,000** COMMUNITY PARAMEDIC PROJECT

To develop a statewide model for community paramedics to fill significant gaps in the healthcare system. This project includes standardized outcome measurements, implementation guidelines, and establishing a formal Community Paramedic certification.

MICHIGAN COUNCIL FOR MATERNAL AND CHILD HEALTH **\$497,265** MICHIGAN MODEL FOR HEALTH ONLINE

To improve health outcomes and academic achievement among Michigan students by enhancing our state's school health education curriculum, the Michigan Model for Health™ (MMH). The project includes a web-based platform to access the MMH to increase use, reach, and accessibility.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$263,722** PARENTAL AND CASEWORKER ENGAGEMENT IN MEDICAL/MENTAL HEALTH DECISION MAKING

To conduct learning collaborative events statewide to develop sustainable relationships aimed at improving the physical, mental, and oral health of children in foster care.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$300,000** MICHIGAN PEDIATRIC BEHAVIORAL HEALTH ACUTE INPATIENT ACCESS IMPROVEMENT

For a statewide comprehensive strategy to address the challenge of accessing inpatient psychiatric services for children and adults. The project will reduce barriers to timely access to inpatient psychiatric services and promote smooth transitions of care for individuals with complex care needs.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$150,000** MLTSS: MEDICAID MANAGED CARE LONG-TERM CARE SUPPORTS AND SERVICES

To develop a plan, including a robust stakeholder engagement, to create a delivery system that rebalances funding and resources toward home- and community-based services, allowing for better coordination with primary care and aligning with individuals' desires to live at home.

SPECTRUM HEALTH **\$500,000** STRONG BEGINNINGS

To provide enhanced prenatal and inter-conception services to high-risk pregnant women and infants up to 24 months of age. Community health workers will serve as peer mentors, conduct outreach to recruit high-risk women who might otherwise be reluctant to engage in services, and serve on case management teams with nurses and social workers.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$500,000** AIR QUALITY AND HEALTH ASSESSMENT INITIATIVE

To identify potential health impacts of the Gordie Howe Bridge on the adjacent neighborhoods in Detroit, and determine whether and what additional actions need to be taken to alleviate any potentially detrimental health impacts on the immediate population living near the bridge.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES **\$267,753** DIVERSITY IN DEMENTIA CARE

To expand an evidence-based caregiver program to diverse, underserved populations by developing culturally designed materials and culturally competent staff, and providing education and consultation to the aging network.

THE REGENTS OF THE UNIVERSITY OF MICHIGAN **\$500,000** PROMOTING INFANT HEALTH AND WELLBEING BY ENGAGING FATHERS

To improve the provision of services to expectant and new fathers across Michigan in order to reduce risk factors associated with infant mortality and other negative birth outcomes. The project includes implementation of the Engaged Father program at seven Michigan Healthy Start home visitation sites.

INVITATION-ONLY AWARDS TO SPUR TRANSFORMATION



COMMUNITY HEALTH IMPACT



INNOVATIVE SOLUTIONS TO IMPROVE HEALTH IN ALL CORNERS OF MICHIGAN

ALZHEIMER'S ASSOCIATION-GREATER MICHIGAN CHAPTER MICHIGAN DEMENTIA COALITION	<u>\$49,940</u>
AMERICAN HEART ASSOCIATION EMPOWERED TO SERVE	<u>\$100,000</u>
BATTLE CREEK COMMUNITY FOUNDATION T.E.C.H- TO ENSURE THEY COME HOME	<u>\$100,000</u>
CARE OF SOUTHEASTERN MICHIGAN OPERATION RX	<u>\$100,000</u>
CLARK RETIREMENT COMMUNITY FOUNDATION MONTESSORI FOR AGING AND DEMENTIA	<u>\$50,000</u>
DETROIT POLICE ATHLETIC LEAGUE, INC. INTEGRATED DETROIT PAL SOCCER PROGRAM	<u>\$100,000</u>
DISABILITY ADVOCATES OF KENT COUNTY MAXIMIZING AUTONOMY & EMPOWERMENT FOR SENIORS THROUGH INTEGRATED HOME ASSESSMENTS	<u>\$100,000</u>
DISTRICT HEALTH DEPARTMENT #10 AGE WELL: EAT HEALTHY, BE ACTIVE	<u>\$85,194</u>
GREATER MIDLAND PHYSICIAN REFERRED WELLNESS ADVOCATE PROGRAM	<u>\$100,000</u>
HABITAT FOR HUMANITY OF KENT COUNTY PLAZA ROOSEVELT - PLANNING PHASE	<u>\$100,000</u>
HANDS ACROSS THE WATER, INC. YOGA FOR YOUTH	<u>\$18,552</u>
INGHAM HEALTH PLAN CORPORATION MANAGING ASTHMA THROUGH CASE MANAGEMENT IN HOMES (MATCH)	<u>\$97,046</u>

JUDSON CENTER ESTABLISH PSYCHIATRIC SERVICES THROUGH A TELE- PSYCHIATRY PROGRAM IN WAYNE COUNTY, MICHIGAN	<u>\$100,000</u>
LEADERS ADVANCING AND HELPING COMMUNITIES LAHC LIFE SKILLS: ROOTS TO GROW BEHAVIORAL HEALTH PROGRAM	<u>\$100,000</u>
M&M AREA COMMUNITY FOUNDATION EXPANDING OUR RURAL PARTNERSHIPS	<u>\$43,071</u>
MACOMB COUNTY INTERFAITH VOLUNTEER CAREGIVERS DRIVEN TO GOOD HEALTH	<u>\$80,068</u>
MARQUETTE-ALGER RESA P.E.P. (PE-NUT EXPANSION PROJECT)	<u>\$100,000</u>
MI DISABILITY RIGHTS COALITION LIVING WELL IN MICHIGAN	<u>\$99,996</u>
MICHIGAN 2-1-1 MICHIGAN 2-1-1 DATABASE ACCESS PROJECT	<u>\$100,000</u>
MICHIGAN BREAST FEEDING NETWORK MIBFN BREASTFEEDING COMMUNITY LEADERSHIP TRAINING	<u>\$15,000</u>
MICHIGAN FITNESS FOUNDATION MISSION THROTTLE - SOCIAL IMPACT STRATEGY	<u>\$75,000</u>
MICHIGAN HEALTH COUNCIL MICHIGAN ADVANCE CARE PLANNING	<u>\$99,430</u>
MICHIGAN HEALTH ENDOWMENT FUND MULTIPLE FOUNDATION COLLABORATIVE ON OPIOIDS	<u>\$100,000</u>
MICHIGAN HEALTH IMPROVEMENT ALLIANCE HEALTHY COMMUNITIES	<u>\$37,000</u>
MICHIGAN NONPROFIT ASSOCIATION ENHANCING TECHNOLOGY CAPACITY FOR NONPROFITS SERVING OLDER ADULTS	<u>\$100,000</u>

MICHIGAN PRIMARY CARE ASSOCIATION ADVANCING COMMUNITY HEALTH WORKERS IN MICHIGAN	<u>\$91,394</u>	SOUTHEASTERN MICHIGAN HEALTH ASSOCIATION SISTERFRIENDS: THE DETROIT BIRTHING PROJECT	<u>\$100,000</u>
MICHIGAN PUBLIC HEALTH INSTITUTE PARTNERS IN CARE CONCIERGE	<u>\$100,000</u>	ST JOHN PROVIDENCE MOTHER NURTURE LACTATION COLLEGE 2.0	<u>\$85,000</u>
MICHIGAN RECREATION AND PARK ASSOCIATION MERCYMOTION: AN INTEGRATED APPROACH TO PUBLIC HEALTH AND PUBLIC SPACES	<u>\$99,803</u>	TCM COUNSELING EMOTIONALLY HEALTHY CHILDREN AND TEENS	<u>\$30,000</u>
MICHIGAN STATE UNIVERSITY SAFE FOODS=HEALTHY KIDS	<u>\$80,650</u>	THE REGENTS OF THE UNIVERSITY OF MICHIGAN CREATING A NETWORK OF TRAUMA-INFORMED CARE FOR YOUNG CHILDREN IN MICHIGAN	<u>\$100,000</u>
MIDMICHIGAN HEALTH MIDMICHIGAN HEALTH - A TECHNOLOGY BASED INNOVATION TO PREVENT TYPE 2 DIABETES	<u>\$69,500</u>	UPCAP SERVICES, INC. CAREGIVER ASSISTANCE AND RESPITE EDUCATION (CARE)	<u>\$100,000</u>
PACE SOUTHEAST MICHIGAN REMOTE CARE MANAGEMENT PLATFORM PROGRAM	<u>\$99,800</u>	WAYNE COUNTY NEIGHBORHOOD LEGAL SERVICES ELDER LAW AND ADVOCACY CENTER MEDICAL-LEGAL PARTNERSHIP PROJECT	<u>\$100,000</u>
REGION 3B AREA AGENCY ON AGING CARE CONNECTION HEALTH INTERVENTION PROGRAM	<u>\$85,195</u>	WAYNE STATE UNIVERSITY BUSME: AN E-HEALTH PLATFORM TO REDUCE PEDIATRIC HEALTH DISPARITIES BY IMPROVING PUBLIC TRANSPORTATION ACCESS IN DETROIT	<u>\$99,987</u>
RETHINKING DEMENTIA: ACCELERATING CHANGE MHEALTH DEMENTIA PROJECT	<u>\$24,500</u>	WAYNE STATE UNIVERSITY REAL TIME NURSING HOME QUALITY CONTROL	<u>\$97,534</u>
SALVATION ARMY DETROIT HARBOR LIGHT DETROIT HARBOR LIGHT MEDICAL RESPITE PROGRAM	<u>\$96,394</u>		



SPOTLIGHT ON: INNOVATIVE SOLUTIONS FROM ALL CORNERS OF MICHIGAN

MHEALTH DEMENTIA PROJECT, RETHINKING DEMENTIA: ACCELERATING CHANGE

As Michigan's population ages, dementia will affect more and more families. To get ahead of the challenge, more than a dozen organizations centered in Grand Rapids decided to work together to improve the lives of people affected by dementia and promote better access to care. The resulting coalition, Rethinking Dementia: Accelerating Change works to erase stigma, empower caregivers, promote early diagnosis, ensure quality care, and support broader efforts around policy, funding, and research.

Rethinking Dementia's steering committee includes aging services agencies, hospitals and other providers, insurers, universities, advocates, and businesses. This cross-sector partnership helps centralize access to resources, a key strategy for supporting those with dementia and their families. We're not the only ones who see how transformative this coalition could be: Rethinking Dementia received the 2018 Connecting with Community Award from WOOD-TV in Grand Rapids.

MARQUETTE-ALGER RESA, P.E.P. (PE-NUT EXPANSION PROJECT)

The PE-Nut program brings nutrition education and healthy habits into classrooms in Alger and Marquette counties in the Upper Peninsula. Many children in this region are at risk of food insecurity and related health challenges, including obesity. PE-Nut provides a strong foundation to help students and their families incorporate more fresh fruits and vegetables into their diets and more physical activity into their daily lives.

The major components of PE-Nut include classroom curriculum, healthy food tasting, and simple physical activity lessons. Parents and families are also invited to participate. For example, parents and caregivers learn to shop for and prepare low-cost, healthy snack items, and families of four-year-olds receive punch cards that can be redeemed for fresh produce at local grocery stores.

Previously, PE-Nut served only the schools with greater than 50% eligibility for free or reduced lunches, leaving out many children facing poverty and hunger. With this grant, the program expanded to nine more schools, covering 100% of the elementary schools in the service area.



SOUTHEASTERN MICHIGAN HEALTH ASSOCIATION, SISTERFRIENDS: THE DETROIT BIRTHING PROJECT

Even as overall infant mortality rates decrease, racial disparities persist. To promote infant and maternal health in Detroit, SisterFriends pairs volunteer moms with pregnant women to network, learn, and plan for a healthy pregnancy and baby. Mentors and “Little Sisters” can attend trainings, parenting classes, skill-building workshops called “Sister Circles,” all of which build a relationship and support network intended to last long after a baby is born.

SisterFriends also connect expectant moms and their families to other programs and resources within the community, like prenatal care and—critically—transportation to and from the doctor. The community-based approach is a cornerstone of the project. Pregnant women in Detroit might be wary of traditional resources like medical professionals or local government, but they know and trust their peers and neighbors. The project’s focus isn’t on any rigid programming or even a set of specific medical interventions. Instead, the goal is to build a strong network of women and resources to improve the health of moms and babies in Detroit.

THE REGENTS OF THE UNIVERSITY OF MICHIGAN – CREATING A NETWORK OF TRAUMA-INFORMED CARE FOR YOUNG CHILDREN IN MICHIGAN

We know that childhood trauma can have lifelong effects, including serious health challenges and even an elevated risk of early death. And while trauma is unfortunately common, many providers aren’t trained to recognize or treat it. This University of Michigan (UM) project is training a statewide network of clinicians in Child-Parent Psychotherapy (CPP), which supports the relationship between a child and her parent or caregiver in order to restore a sense of safety and improve behavioral health outcomes.

In addition to helping more young children access evidence-based treatment, UM’s train-the-trainer model will establish learning collaboratives to foster skill-building and offer ongoing assistance. These concrete steps toward sustainability will ensure more Michigan clinicians can use and teach CPP, ultimately increasing our statewide capacity for treating childhood trauma and leading to a better prognosis for trauma-exposed children.







BEYOND GRANTMAKING

FINANCIAL SUMMARY

MICHIGAN MEDIGAP SUBSIDY

BOARD OF DIRECTORS

FINANCIAL SUMMARY

2017 INCOME SOURCES*
TOTAL \$79,300,000



- Blue Cross Blue Shield contributions: **\$60,000,000**
- Investment income: **\$17,300,000**
- Ralph C. Wilson Jr. Foundation: **\$2,000,000**

2017 EXPENDITURES AND USES*
TOTAL \$85,000,000



- Transferred to endowment: **\$30,300,000**
- Grants and programs: **\$26,300,000**
- Administrative: **\$1,300,000**
- Michigan Medigap Subsidy: **\$27,100,000**

Expenditures are higher than income due to \$5.7 in reserves from 2016 that was reserved for 2017 grantmaking

2017 TOTAL ASSETS*
\$166,400,000



- Long term endowment fund: **\$103,700,000**
- Reserved for Michigan Medigap Subsidy: **\$34,000,000**
- Payable to current grantees: **\$8,000,000**
- Future grantmaking reserves: **\$20,700,000**

2017 GRANTS*
TOTAL \$25,100,000



- Behavioral Health: **\$6,400,000**
- Healthy Aging: **\$5,300,000**
- Nutrition & Healthy Lifestyles: **\$4,900,000**
- Special Projects & Emerging Ideas: **\$5,000,000**
- Community Health Impact: **\$3,500,000**

MICHIGAN MEDIGAP SUBSIDY

The Michigan Medigap Subsidy will provide a total of \$120 million over five years to assist low-income Medigap policyholders with the cost of their coverage. In 2016 we launched the subsidy, relying on strong partnerships with the State of Michigan as well as Medigap providers to shape a successful program.

To ensure the funding would bring meaningful assistance to the most vulnerable residents, we started with a conservative upper income limit, 150% of the poverty level. In 2017, we expanded eligibility to 225% of the poverty level, helping even more Michigan residents.

Currently, more than 34,000 receive the subsidy and the average amount of support is approximately \$800 per year.

Contact us at INFO@MHEALTHFUND.COM to learn more.

**DO YOU KNOW AN
ORGANIZATION THAT WORKS
WITH LOW-INCOME OLDER
ADULTS OR INDIVIDUALS
WITH DISABILITIES?
THE HEALTH FUND CAN
PROVIDE INFORMATION
AND FLYERS ABOUT THE
MICHIGAN MEDIGAP SUBSIDY.**

SUBSIDY ELIGIBILITY

		1 PERSON	2 PEOPLE
2017	225% FPL	\$26,730	\$36,045
2018	225% FPL	\$27,315	\$37,035

SUBSIDY AMOUNTS

65-74 YEARS OLD	\$40/MONTH
75 YEARS OR OLDER	\$65/MONTH
UNDER 65 YEARS OLD WITH A DISABILITY	\$125/MONTH

BOARD OF DIRECTORS

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Office of Detroit Mayor Mike Duggan

MICHAEL WILLIAMS

President and CEO
Orchards Children's Services

HENRY VEENSTRA

Retired Hospital CEO

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